

Five Ways Friends Referral Form

1. Referral details

Organisation name: _____
 Address: _____
 Town: _____ Postcode: _____
 Referring Person: _____ Telephone No: _____
 Email: _____ Date: _____

2. Service User Details

First name: _____ Surname: _____
 Address: _____
 Town: _____ Postcode: _____
 Tel (day): _____ Tel (eve): _____
 Date of Birth: _____

Does this person live alone? Yes No
 Are they a main carer for a relative or a friend? Yes No
 Do they have a carer? Yes No

3. Language / Communication Requirements

Does the service user consider themselves to have;

Any communication needs Yes No
 Hearing loss Yes No
 Need for a translator / interpreter? Yes No
 If Yes, which language? _____

4. Informed Consent

Does this person agree with you contacting us with their details? Yes No
 Has someone with the legal power of attorney agreed? Yes No
 Enquiry form to be sent to: Service User A Carer, family or friend

Please give third party details:

Please return completed forms by email to: wellbeing@w3rt.org or by post to Five Way Friends, Holywell Community Centre, Chaffinch Lane, Watford, Herts, WD18 9QD.

INFORMATION AND CRITERIA

For referrals to Watford & Three Rivers Trust's Five Ways Friends clubs

Please ensure that you have read the accompanying leaflet describing the Five Ways Friends service in detail, before making this referral.

The Five Ways Friends clubs will provide a service for older people in Watford and Three Rivers and will:

- Promote wellbeing to support older people to feel a sense of greater physical and mental wellbeing
- Deliver a service to diverse communities
- Bring communities together whilst respecting needs and cultural beliefs
- Contribute to the reduction and prevention of social isolation
- Include specific support for Carers
- Provide a two-course meal, ensuring cultural preferences and dietary requirements are met
- Provide appropriate and specialist signposting and referral
- Provide transport for those that meet the criteria

Please note the following criteria needs to be taken into account before referring a person to the W3RT Five Ways Friends Clubs.

- They must be 55 or over or a Carer
- They must live in Watford or Three Rivers District
- They must be able to feed and toilet themselves

If you want to refer a service user to one of the Five Ways Friends Clubs, please complete the referral form overleaf:

- ❖ **Email it to wellbeing@w3rt.org**
- ❖ **Post to Five Ways Friends, The Holywell Community Centre, Chaffinch Lane, Watford, WD18 9QD.**

We will then send an enquiry form to the person you have referred (or their carer or family if nominated) and, when it is returned, we will advise them of the result of their enquiry. We will usually match people with the club nearest their home unless they have a strong reason to prefer another club (in the latter case, we may not be able to offer transport).

If you have any queries or are not sure if the Five Ways Friends clubs are suitable for your service user, then please call us on 01923 216967.